



### Student Community Services

(SCS) provides the opportunity for students to act as vital members of the community, share their resources with others and develop skills and leadership abilities, while creating meaningful social change.

## WHY VOLUNTEER

It is often assumed that volunteering is an altruistic activity where one must give up time, energy and sometimes money to help those less fortunate. However, the volunteer experience can enrich your life in many ways.

### A FEW REASONS WHY VOLUNTEERS GAIN MUCH MORE THAN THEY GIVE

- ▶ upgrade your resume
- ▶ transcript notation for 150+ hours
- ▶ build a social network
- ▶ learn about your community
- ▶ gain an awareness of social issues
- ▶ acquire leadership skills
- ▶ improve your graduate school application
- ▶ live longer
- ▶ have more energy
- ▶ feel better about yourself
- ▶ be the change

## HISTORY OF SCS

In 1972 two Cal Poly students saw the need for a volunteer organization that would be geared for the Cal Poly student body. Through their efforts, SCS was created by collaborating with local non-profits and developing volunteer programs for and run by students.

### CONTACT INFO

VISIT **UNIVERSITY UNION, ROOM 217**

CALL **805 756 5834**

E-MAIL **SCS@CALPOLY.EDU**

WEB **SCS.CALPOLY.EDU**

For a comprehensive list of volunteer opportunities in San Luis Obispo County, visit *VolunteerSLO* on the Web at **VolunteerSLO.org**

\*Student Community Services is part of *The Community Center* at Cal Poly and a program of *Student Life and Leadership*.



CAL POLY

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# VOLUNTEERING YOUR TIME IS REWARDING

# SCS



STUDENT COMMUNITY SERVICES

# VOLUNTEER WITH SCS

## HOW EASY IS IT TO VOLUNTEER WITH SCS?

- 1 Fill out a volunteer interest form online at [scs.calpoly.edu](http://scs.calpoly.edu), or
- 2 Stop by UU 217 and see what's going on.
- 3 Roll up your sleeves and volunteer!

## THE CONVENIENCE OF IT ALL

- ▶ SCS is located upstairs in the University Union.
- ▶ Bond with other Cal Poly students.
- ▶ SCS has connections with volunteer efforts throughout the community offering a wide variety of opportunities.

## I WOULD LOVE TO VOLUNTEER, BUT I CAN'T FIND THE TIME

No one understands this better than SCS because we are an organization created and run by students. We keep in mind your time constraints by tailoring activities around university schedules. We have a wide array of opportunities with varying amounts of time commitment. You choose the events and activities in which you want to be involved. The time you give is valuable to the community.

*"No act of kindness, no matter how small, is ever wasted."* – AESOP

## PROGRAMS

### BEST FRIENDS

Make a new friend by being paired up with an adult who has a developmental disability and spend time doing activities with them during the school year.

### BEYOND SHELTER

Volunteer at shelters with adults and children of the local homeless community and help raise awareness through *See the Need Week* and *Homelessness Awareness Week*.

### ENVIRONMENTAL COUNCIL

Help beautify the environment through action, awareness and activities such as beach cleanups, tree planting and *Earth Day*.

### L.O.O.K LANGUAGE OUTREACH + OPPORTUNITIES FOR KIDS

Do you know a second language or would you like to learn one? If so, join us in teaching children at local elementary schools about different languages and cultures around the world.

### POLY PAWS

Bring the joy of companionship to animals by spending time with them at local shelters, raising awareness of animal rights and raising funds for animal protection efforts.

### RAISE THE RESPECT

Join us in promoting world peace and human rights through fundraising events, film screenings, education workshops, advocacy and more.

### SENIOR SERVICES

Be a friend and enrich the lives of senior citizens at local senior homes through visits, dances and game nights.

### STUDENTS FOR HEALTH AND WELL-BEING

Make lives healthier and happier for children and senior citizens through exercise, nutrition and health education activities.

### YOUTH CHALLENGE

Be a mentor to a local at-risk youth and provide them with the motivation and tools needed to succeed in life.

### YOUTH PROGRAMS

Enhance a child's life through local after school tutoring programs, cultural craft fairs and recreational activities for low-income youth. Be a friend and role model by playing games and hanging out with local foster youth.

## BECOME INVOLVED BY

**JOINING A PROGRAM** SCS offers programs for many aspects of the community. Find a program that interests you and let us connect you to volunteer opportunities.

**FORMING A GROUP TO VOLUNTEER** Many activities throughout the year need groups of volunteers such as *Make a Difference Day*, a national day of service. Ask us about how your group can get involved.

**ENROLLING IN A CBL CLASS** Community Based Learning (CBL) classes are offered each quarter and are a great opportunity to get course credit for volunteering.